

# TRAVEL CHECKLIST

PRE-DEPARTURE:		BASICS:	
Acquire Travel Advisory For Destination		Luggage / Travel Pack With ID Tags & Locks	
Passport / Visa / Birth Certificate		Travel Clothing	
Personal Photo ID (such as Driver's License)		Rain Protection	
Health Documentation		Travel Footwear	
Transportation / Airline Tickets		Visor or Brimmed Hat	
Hotel Reservations		Camera & Film	
Insurance		Video Camera & Tapes	
Credit Cards - Traveler's Checks		Radiation Shield for Film	
Currency Exchange		Water Bottle	
Emergency Information		Language Books	
Guide Books and Maps		Reading Materials	
Trip Cancellation/Medical Insurance		Address Book	
Personal Identification		Travel Journal	
Photocopies of Documentation		Scarf / Bandana	
Minor Custody Affidavit (if applicable)		Games / Playing Cards	
Event Reservations (art, festivals, sporting events, etc.)		Binoculars	
MAINTENANCE ITEMS:		MEDICATION:	
Flashlight Batteries / Bulb		Vitamins	
Matches or Lighter		Aspirin / Pain Reliever	
Camera Batteries		Cold Medicine	
Mini Sewing / Repair Kit		Contact Lens Preparation	
Duct Tape		Diarrhea Medicine	
Portable Lightweight Travel Iron or Steamer		Laxative	
Travel Clothesline & Clothespins		Insect Repellent	
Sink Stopper for Hotel Sinks		Sunscreen	
Mesh Bag for Dirty Laundry		Sunburn Relief	
Ziploc Plastic Bags		Antibiotic Cream	
TOILETRIES:		Malaria Pills	
Comb / Brush		Motion Sickness Medicine	
Toothbrush / Paste		Personal Hygiene Items	
Dental Floss		Personal Prescription	
Deodorant		Water Purification System	
Soap: Personal & Laundry		HOME CHECKLIST:	
Skin Care Lotions / Creams		Stop / Hold Mail & Deliveries	
Make Up		Arrange For Care Of Pets / Lawn / Plants	
Mirror		Set-Up A Timed Lighting System	
Manicure Articles		Check Timed Night Lighting System	
Shampoo		Notify Local Police / Security Of Your Absence	
Sunscreen / Lip Balm		Leave House Key & Trip Itinerary With Neighbor	
Towelettes		Empty Refrigerator	
Shaving Cream		Eliminate Fire Hazards (unplug appliances, etc.)	
Blow Dryer		Turn Down Thermostat	
Curlers		Turn Off Water Heater	
Towel / Washcloth		Store Valuables In A Safe Place	
Nalgene® Bottles (for shampoo & laundry soap)		Lock All Doors And Windows	

## 10 ESSENTIALS:

1. Everyday Bag: In transit it will hold all of the valuables you want to keep close like tickets, camera & reading material.
2. First-Aid Kit: A compact health kit is a must for every traveler.
3. Passport / Money Carrier: To keep these items secure.
4. Travel Watch / Alarm: It should be quartz or battery operated, lightweight, water resistant, shock resistant and reliable.
5. Swiss Pocket Knife: May find the following features useful - basic blade, can / bottle opener, scissors, tweezers and corkscrew.
6. Electrical Converter / Adapter: This allows you to use your personal appliances abroad.
7. Flashlight / Head Lamp: Light a hallway, read in a train compartment, or study a map under the stars.
8. Sunglasses: Protect your eyes from harmful ultraviolet and infrared radiation, especially if you are traveling at higher altitudes.
9. Travel Organizer: The ultimate in convenience for carrying identification, tickets, trip itineraries, receipts and addresses.
10. A Positive Attitude: Travel sometimes means unexpected delays or detours. So, remember always to take along a big smile.

